

## STUDENTS:

### Need to talk to someone???



#### – get assistance with life's Issues from these places:

1. **Mental Health Association of Essex County** South Fullerton Avenue, Montclair, NJ (just off Bloomfield Ave.) in downtown Montclair. Lot's of different programs and a commitment to affordable services! Helpline: 973 509-9777
2. **UMDNJ** – Newark and several other locations – call toll free #: 800 969-5300.
3. **The Cope Center** – Bloomfield Avenue, Montclair – 973 783-6655.
4. **Catholic Charities** – Mount Carmel Guild Behavioral Health System: 56 Freeman Street, Newark, NJ; 973 596-4190 973 596-3925

EOF students – speak with your Counselor if you need help with this!

If you know of other resources – see Ms. Romano, EOF -- x3231

*EOF --- Get with the Program!!!!!!!!!!!!!!*